

# EAST NEWARK FOOD PANTRY

## *Suggested Supply List*

- Pasta
- Sauces (Marinara or Traditional)
- Rice (small bags)
- Peanut butter / jelly
- Canned goods
  - Soups
  - Spam
  - Chili
  - Tuna / chicken
  - Vienna sausage
  - Beans
  - Fruits
  - Chef Boyardee
  - Vegetables
- Milk (boxed, canned, powdered)
- Pancake mix
- Syrup
- Pudding cups or boxed
- Fruit cups
- Granola bars
- Cereal (small boxes)
- Oatmeal
- Crackers
- Cookies
- Chips/ pretzels
- Juices
- Mac and cheese
- Mashed potato (boxed / mixes)
- Cooking oil

### **EXTRAS:**

- **Baby needs:**
  - Wipes
  - Formula
  - Diapers (size 5, 6) various
  - Cereal
- **Condiments/ spices**
  - Garlic powder
  - Salt
  - Pepper
  - Adobo
  - Sazon
  - Flour
- **Pets: (canned or dry)**
  - Dog
  - Cat food

*We thank you in advance for any donation made  
to assist families during this time.*